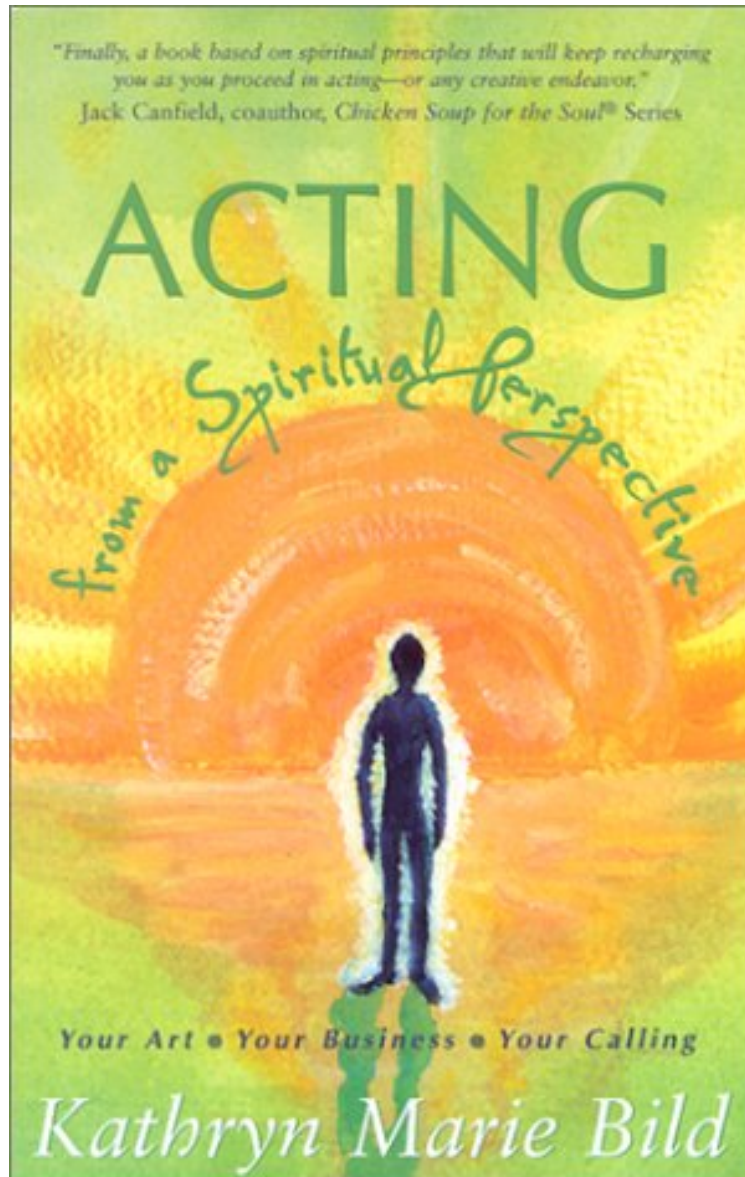


(Free download) Acting from a Spiritual Perspective: Your Art, Your Business, Your Calling

Acting from a Spiritual Perspective: Your Art, Your Business, Your Calling

Kathryn Marie Bild

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Kathryn Marie Bild : Acting from a Spiritual Perspective: Your Art, Your Business, Your Calling before purchasing it in order to gauge whether or not it would be worth my time, and all praised Acting from a Spiritual Perspective: Your Art, Your Business, Your Calling:

4 of 4 people found the following review helpful. Sure inspired my wife as well as me!By Monarch Beach FanWe are blessed that my wife, who makes many public appearances, has gone to the top of her craft. She is not an actress, but the thinking and metaphysical, but practical, approach illustrated in this book would benefit an actress and almost anyone in any professional area. It would at least assist toward experiencing a great life!Celebrate the "fabulosity" of this book as Ms. Bild encourages those interested in acting (and others) to celebrate the "fabulosity of life" plus the creativity available to us all.4 of 4 people found the following review helpful. It Helped me "Get off the Fence"By D. Lattal am an avid reader of acting books. All types: technique, history, fundamentals, etc. You could say I was reading my dream, not "acting" my dream. I wanted to be a working actor. It got to a point where I was reading so much about the art and craft of acting, that I was "paralyzed." I didn't believe I could really be an actor...especially at the age of 42! Deep down I didn't think I could do it. This book changed my mindset completely! It gave me the kick-in-the-butt I needed. Ms. Bild's words gave me the confidence to "get off the fence." I now earn a living as an actor. And most of all, I am the happiest I've ever been!Her advice on technique, styles, etc, are O.K. There are hundreds of books on those topics. But there are not many books that can change the mental block that may be holding you back from pursuing, achieving and living your dream. I loved this book!!2 of 2 people found the following review helpful. A thoroughly "user friendly" instructional guideBy Midwest Book ReviewActing From A Spiritual Perspective: Your Art, Your Business, Your Calling by writer, director, acting, theatrical coach, and Grammy Award-winning producer Kathryn Marie Bild distills her many years of experience and expertise (she lectures on Stanislavski and Strasberg, coaches acting privately, and teaches acting and directing at the New York Film Academy) into a thoroughly "user friendly" instructional guide for aspiring actors and actresses with a specific focus on the importance of integrating spiritual values and emotional attitudes into their work upon the stage or in front of cameras. Acting From A Spiritual Perspective is a welcome and valued addition to any personal, professional, or school theatrical department or community theater reference collection and supplemental reading list.

Acting from a Spiritual Perspective , a cheering, inspiring handbook, gives you a fresh look at the art and craft of acting and gets you past those mental and emotional obstacles that prevent you from fulfilling your dreams. This book teaches the reader how to be the best actor he can possibly be, in concert with his deepest values and highest aspirations. It is a book of instruction in the art and craft of acting; a practical, street-smart treatise on how to succeed in the business of acting, and a text that explores how the spiritual nature of acting affects both the actor and the society to which the actor contributes. The unique perspective of helping the reader to an understanding of acting as an art, a business, and a calling makes this an essential manual for anyone wishing to succeed in any creative endeavor.

From Library JournalWith a firm conviction of the "divine" characteristic of human desire, Bild, a personal success coach, speaker, and writer, preaches a gospel of humanism using religious jargon. Included is a simplistic worldview that all people are motivated by our "deepest desire for peace, joy, and love." Numerous "affirmation" statements for her students, such as "I know that...every member of society will benefit from my acting," show an exaggerated egocentricity. This work does include discussions of the acting craft and exercises for the working actor, but so do many other books, including works by Constantine Stanislavky and Lee Strasberg, upon whose methods this book is based. Unfortunately, Bild's presentation is at best a puzzling series of contradictions and at worst an insult to those without her values. If Bild had held to the art and business of acting, as the subtitle suggests, this would have been useful. But while actors require a high level of self-esteem and self-confidence, there is a point at which the self-perception of perfection without the temperance of reality can be as much hindrance as help. Not recommended. Laura A. Ewald, Murray State Univ. Lib., KY Copyright 2002 Reed Business Information, Inc.About the AuthorKathryn Bild is an acting, creative process, presentation skills, and personal success coach as well as a speaker, writer, and director. A recipient of The Grammy's Video Producer of the Year Award, she has written, directed, produced, edited, and performed in commercials, films, plays, radio and television lectures, musical comedies, music videos, and one-woman shows. An alumni of The American Film Institute's Directing Workshop for Women, she is a co-founder of the Pacific Arts Corporation and has also served on the board of trustees of foundations established to help women in business and the arts. She is a nation-wide public speaker and appears regularly on CNN-FN's Entrepreneur Only television show and the nationally-syndicated Good Day, America radio show.