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America's Next Top Model: Fierce Guide to Life: The Ultimate Source of Beauty, Fashion, and Model Behavior

J.E. Bright

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J.E. Bright : America's Next Top Model: Fierce Guide to Life: The Ultimate Source of Beauty, Fashion, and Model Behavior before purchasing it in order to gage whether or not it would be worth my time, and all praised America's Next Top Model: Fierce Guide to Life: The Ultimate Source of Beauty, Fashion, and Model Behavior:

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Americas Next Top Model is a runaway runway series and must-see television for millions of teens and tweens. Young women of various backgrounds, shapes, and sizes are mentored by today's top fashion stylists and industry experts. With chapters that focus on beauty, health, and education, and filled with tips on hair, makeup, nutrition, and fashion dos and don'ts, this is the first and only book that empowers girls to be themselves while pursuing their dreams. Girls will learn the fits that work for their body type, how to take calculated risks with their style, and how to take advantage of their natural qualities. By instructing readers on how to highlight and enhance their own individual features, Americas Next Top Model: Fierce Guide to Life also serves as a resource on how to use those assets to become a successful model, including the right way to find an agent, how to put together a winning portfolio, and designers and photographers everyone should know. Americas Next Top Model is seen, in its original and localized versions, in more than 120 countries. Published to coincide with Cycle 12 of the show, this is the perfect book for anyone who dreams of being a supermodel.

"Filled with enough resources, info and how-to's about beauty, nutrition, fashion do's and don't you even think about it--you will literally be unstoppable in your pursuit to becoming the next Kate Moss." ~LePetiteBlog.com "Young women of various backgrounds, shapes, and sizes are mentored by today's top fashion stylists and industry experts. With chapters that focus on beauty, health, and education, and filled with tips on hair, makeup, nutrition, and fashion dos and don'ts, this is the first and only book that empowers girls to be themselves while pursuing their dreams." ~GoodReads.com "Author J.E. Bright has compiled insider advice for aspiring models, fashion lovers, and fans of the show. Written with a "you go, girl" attitude, it's also meant to help young girls boost their confidence." ~FabSugar.com "Contestants of America's Next Top Model Cycle 12 probably wish they had a chance to peek at the pages of this tome before they auditioned for the show." ~BuddyTV.com "The book is an effective starter kit for a career. Young women with catwalk dreams will likely need a brief history of supermodeling, a tutorial on how to contact agents, and tips on what to expect in a casting session." ~NPR.org "The book looks to empower young women while pursuing their dreams." ~TopModelGossip.com About the Author J.E. Bright is the author of many television and film adaptations.