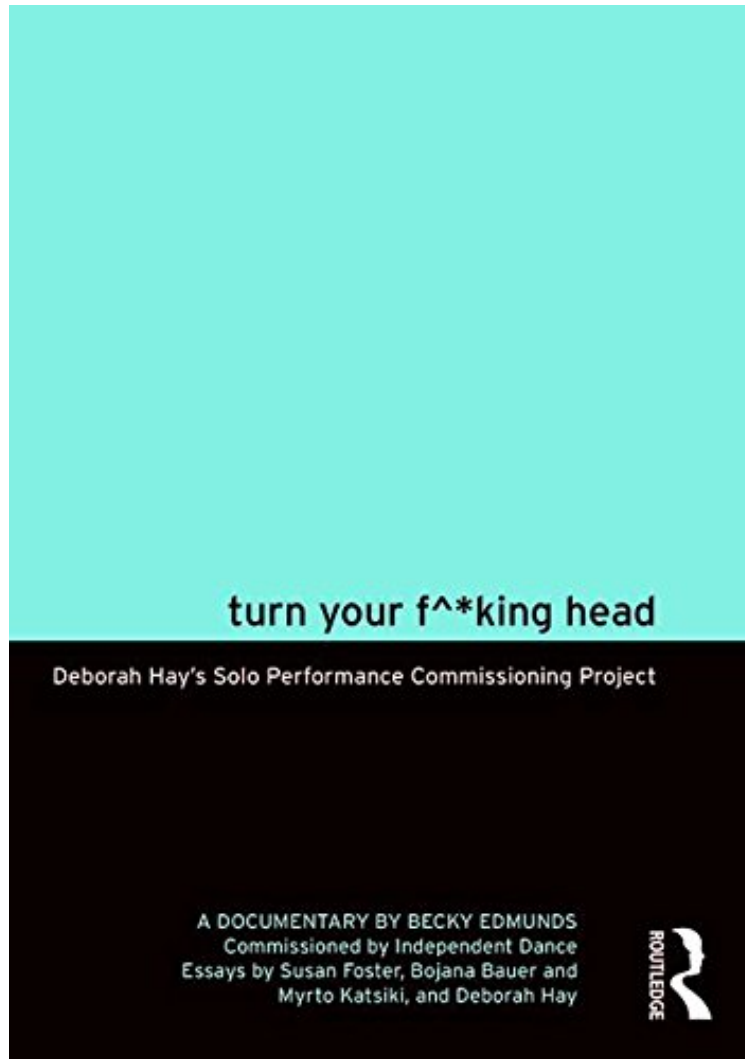


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Turn Your F^*king Head: Deborah Hay's Solo Performance Commissioning Project

Deborah Hay, Becky Edmunds
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Deborah Hay, Becky Edmunds : Turn Your F^*king Head: Deborah Hay's Solo Performance Commissioning Project before purchasing it in order to gauge whether or not it would be worth my time, and all praised Turn Your F^*king Head: Deborah Hay's Solo Performance Commissioning Project:

In August 2012, twenty dance artists from eleven countries spent ten days at the Findhorn Community Foundation, Scotland, to be coached in the performance of a solo they had each commissioned from renowned choreographer

Deborah Hay. Hays innovative Solo Performance Commissioning Project (SPCP) instils a transformative and rigorous daily practice that stimulates and enriches each individuals approach to performance and choreography. In particular Hay urges artists to be sensitive to the entirety of the space within which theyre moving, to "unfix" themselves from their habitual, forward-facing modes of perception. This process then engenders twenty unique solo adaptations of the work. Independent Dance commissioned filmmaker Becky Edmunds to document the journey of the group as they learned the solo "Dynamic". The resulting film brilliantly captures the process by which Hay transmits the same solo dance to twenty individuals, and unveils the experiences, insights, and questions that inform the work and artistic practice.

About the Author Becky Edmunds trained as a dancer and choreographer in the mid 1980s. Her work has spanned the disciplines of dance, live art, moving image and documentary practices. For more information visit www.beckyedmunds.com. Independent Dance is an artist-led organisation which supports, stimulates and sustains dance artists in their development throughout their professional lives. See www.independentdance.co.uk.