

(Free and download) Video Games Your Kids: How Parents Stay in Control

Video Games Your Kids: How Parents Stay in Control

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Hilarie Cash, Kim Mcdaniel : Video Games Your Kids: How Parents Stay in Control before purchasing it in order to gage whether or not it would be worth my time, and all praised Video Games Your Kids: How Parents Stay in Control:

5 of 7 people found the following review helpful. a sobering handbookBy T.willyThis is an excellent book and a very quick read about a gigantic epidemic which is largely ignored. Our kids are in serious jeopardy. I have witnessed the devastating effects electronics obsession and video gaming can have on a once-healthy kid and his family. This book

should be given out to all new parents so they can avoid the traps many of us have fallen into. The chilling thing about this book is that many of the cases described involve kids who seem permanently effected and face a long life of intervention ,counseling, and only partial success in life. Yikes! Think about that next time you go to buy another video game for your kid.3 of 4 people found the following review helpful. Good guide for parentsBy Ticki TicoI found this book helpful in developing healthy life/gaming balance for my teenage son. It may not work for everyone but for my son and I it did.4 of 5 people found the following review helpful. A must ReadBy Kindle CustomerParents with children playing video games need to read this book. It has some very important information not only for childred but adults also. A very good book.

Video games are now firmly embedded in the cultural identity of America s teenagers. It is now estimated that 90 percent of our youth are playing video games. They are using handheld devices or full-fledged, Internet-based, multiplayer games. Most are nonchalant about them, enjoying them as part of the many things they do for pleasurable entertainment, integrating them into their lives without harmful effect. Others, however, have grown so dependent on these games that they are abandoning their lives to pursue this activity, which they seem to prefer above all others. Video Games Your Kids: How Parents Stay in Control is for parents who are worried that their children may be spending too much time playing video games. Based on research and the author s clinical experience, the book explains what gaming addiction is, how much gaming is too much, and the effects gaming has on the body and brain. The authors give gaming advice on each stage of life; birth-2 years, ages 2-6, elementary school years, adolescence, and adult children still living at home. Where there is a problem, the authors provide parents with tools that will help them successfully set limits for their children.

From BooklistObsession with video games has risen to the level of addiction worthy of possible listing as a psychological disorder, according to psychotherapists Cash and McDaniel. They explore the addictive nature of many games and offer assessment tools for parents to determine if the games are presenting a danger to their children. They examine research on the physiological effects of too much gaming, particularly for younger children, as well as negative effects on academic and social skills. Drawing on vignettes from their own practice, they look at various development stages and how children are affected by excessive video-game playing, from console games to group online games and social networks. Each chapter ends with practical advice for parents on setting limits. The final chapter is aimed at families in need of intervention beyond the book. Whether parents think games represent as extreme a danger as do Cash and McDaniel, who cite action taken bythe Chinese and Korean governments to curb gaming, they will appreciate the information, including a glossary of computer-game terminology. --Vanessa Bush Moderation is key to all things, including video games. "Video Games Your Kids: How Parents Stay in Control" is a parent's guide to the world of video games for children for their parents. Discussing age appropriateness, how much a parent should allow their children to play video games in general, it also discusses problems children may have already, like existing addictions to online games. "Video Games Your Kids" is a solid choice for parents of young gamers. --James A. Cox Editor-in-Chief The Midwest Book Obsession with video games has risen to the level of addiction worthy of possible listing as a psychological disorder, according to psychotherapists Cash and McDaniel. They explore the addictive nature of many games and offer assessment tools for parents to determine if the games are presenting a danger to their children. They examine research on the physiological effects of too much gaming, particularly for younger children, as well as negative effects on academic and social skills. Drawing on vignettes from their own practice, they look at various development stages and how children are affected by excessive video-game playing, from console games to group online games and social networks. Each chapter ends with practical advice for parents on setting limits. The final chapter is aimed at families in need of intervention beyond the book. Whether parents think games represent as extreme a danger as do Cash and McDaniel, who cite action taken by the Chinese and Korean governments to curb gaming, they will appreciate the information, including a glossary of computer-game terminology. --Vanessa Bush - BOOKLISTModeration is key to all things, including video games. "Video Games Your Kids: How Parents Stay in Control" is a parent's guide to the world of video games for children for their parents. Discussing age appropriateness, how much a parent should allow their children to play video games in general, it also discusses problems children may have already, like existing addictions to online games. "Video Games Your Kids" is a solid choice for parents of young gamers. --James A. Cox Editor-in-Chief The Midwest Book About the AuthorAuthor Hilarie Cash, PhD, LMHC, has specialized in computer addiction and video game addiction since 1996. She is the co-founder of Internet/Computer Addiction Services, and has spearheaded the creation of the Gaming and Internet Treatment Program. She is a speaker, teacher, and author who has appeared on ABC News, CNN, NPR, PBS, the BBC, and in print in the Seattle Times, USA Today, US News and World Report, and the New York Times. Co-author Kim McDaniel, MA, LMHC is a parent of two teenagers and family counselor who has been working with children and teens for the past 15 years. As a parent educator, Kim has been featured in recent articles in the Wall Street Journal and Seattle Times