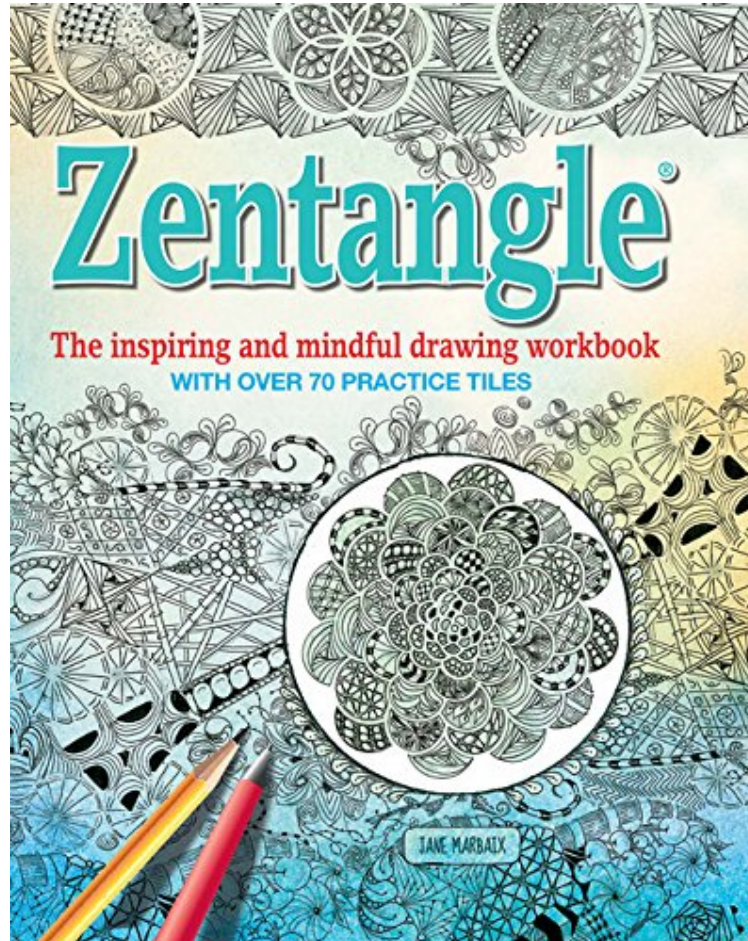


(Free read ebook) Zentangle: The inspiring and mindful drawing workbook with over 70 practice tiles

## Zentangle: The inspiring and mindful drawing workbook with over 70 practice tiles

Jane Marbaix

ePub | \*DOC | audiobook | ebooks | Download PDF



DOWNLOAD



+

READ ONLINE

#377152 in BooksColor: White INGRAM PUBLISHING DBA PERSEUS 2015-11-24Original language:EnglishPDF # 1 10.70 x .60 x 8.90l, 1.62 Binding: Flexibound176 pagesA fun, innovative, and relaxing way to tap into your inner artist!Follow the step-by-step instructions for creating intricate designs by combining repetitive shapes, patterns and lines.Learn how to use the art to accessorize dcor, cards, boxes, make stencils and rubber stamps, and other original projects.No special training or expensive materials needed! Softcover. 176 pages.Includes projects for every skill level, with practice tiles throughout. | File size: 47.Mb

**Jane Marbaix : Zentangle: The inspiring and mindful drawing workbook with over 70 practice tiles** before purchasing it in order to gage whether or not it would be worth my time, and all praised Zentangle: The inspiring and mindful drawing workbook with over 70 practice tiles:

2 of 2 people found the following review helpful. Good Zentangle ResourceBy Alison AndersonThis book has lots of

examples of Zentangle artwork. There are several pages of blank frames for practicing, which are not necessary IMO, but some people might like this feature. The pages are very thick and I assume good quality. The content is accurate and the little tips are helpful. The back has several examples of different Zentangle patterns along with step by step pictures of how to draw them. I did expect more of these and was a little disappointed at the number in the book. But, there are certainly enough to get anyone started in this fun easy art form. There are sections on using stencils, rubber stamps and other tools to create unique tangles. This is a good, overall resource for anyone interested in Zentangle. 6 of 6 people found the following review helpful. Nice By Southern Lady Nice book to add to your Zentangle Library. It contains instructions on a few tangles and a lot of examples and completed tiles. 14 of 15 people found the following review helpful. Good book By B. Pereira Very pretty pictures and ideas. I'm very picky about zentangle books, but this one I liked.

Tap into your creativity with Zentangle! Step-by-step instructions teach you to "tangle," so you can accessorize greeting cards, gift boxes, decorations, and more. Use the method as a pathway to mindfulness and meditation. New patterns and ideas are shared daily through [zentangle.com](http://zentangle.com), so you'll always have inspiration to keep creating. Make it as simple or complex as you like. No expensive materials are needed, just your imagination and some paper and pens.

About the Author Jane Marbaix is one of only a handful of accredited Zentangle teachers in the UK. She trained in the United States with Zentangle creators Maria Thomas and Rick Roberts and has been teaching the Zentangle method to adults and children in regular classes and workshops for the past four years. She lives in Buckinghamshire and runs a Zentangle club once a month locally. Having come from a card making background, her book is geared towards card makers and beginners.